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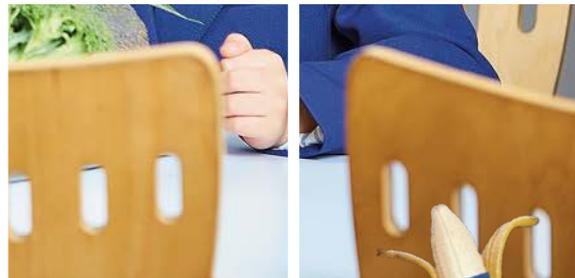
# Chartwells.

## Your Food Service Provider

*We're here to inspire, protect, nourish and energise.  
To brighten your day.*

Compass has been ranked #2 in the "Diversified Outsourcing Services" industry grouping in FORTUNE's World's Most Admired Companies (WMAC) 2021.

**FORTUNE**  
**WORLD'S MOST**  
**ADMIRIED**  
**COMPANIES** 2021



45

Number of countries we operate in



600,000

Number of colleagues



55,000

Number of client locations we work in



5.5 billion

Number of meals served per year

Compass Group plc is a British multinational contract foodservice company. We are the largest contract foodservice company in the world. Millions of people around the world rely on us every day to provide delicious nutritious food at every type and size of location.

Compass Group Hong Kong Limited, established since 1994, and we have set significant footmark in the Education, Business & Industry, Healthcare segments under the brand names of CHARTWELLS, EUREST, AND MEDIREST respectively.

Chartwells in Hong Kong currently provides catering in 25 International schools, including Harrow International School HK, Chinese International School, Discovery College, South Island School and Australian International School; having strong partnerships with vendors, NGOs and local community groups to provide not just food and café service, but also supporting and managing our client's major events every year.

### Chartwells at Singapore International School (Hong Kong)

For more than a quarter of a century, Chartwells has focused on helping young people build strong bodies and sharp minds around the world. **To Eat, Learn and Live.** We don't just want children to eat our food ... we want them to LOVE it. Our nutritionists and chefs go to great lengths to create food that looks good, tells a story and is in tune with the latest trends.

Our meals are prepared and cooked every morning, on campus, and served hot and fresh to the students at Singapore International School (Hong Kong). We have a strict sourcing policy for our ingredients, with focus on food safety, to ensure that the food we serve is from a reliable and trustable source with traceability.

At Singapore International School (Hong Kong), **Primary 1-6 students** can enroll in our monthly pre-paid meal enrolment system, and **secondary students** can make their choices daily from our serving counters in the school.

In this newsletter, you will find some basic information about our services with the school and some frequently asked questions parents and students usually have at the beginning of the school term. Thank you for choosing Chartwells. We look forward to serving you in the new school term.



Contact us

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## Meal Enrolment, Purchase & Payment

**In the AY2122, the regular "meal set" prices will be as follows:**

Primary 1-3	\$38
Primary 4-6	\$40
Secondary Section	\$45 (main course only: \$35)

As parents of Primary 1-6, you can download our menu and enrolment form from the School's website. Please return your completed form and payment to the canteen through the School's General Office before the cut-off date indicated at the bottom of the form.

You can also pay via PPS on your smart phone or via the Internet. Please refer to our enrolment form for PPS payment instructions. Kindly make cheques payable to "Compass Group Hong Kong Limited" with your child's name and class on the back of the cheque.

Secondary students can purchase their lunch with an Octopus card. Octopus payment is very important as it brings fast, hygienic transactions, even during peak periods. Thank you.

### Snack Coupons – For Primary School Students Only

Primary students may only purchase snacks with "Snack Coupons". The Snack Coupons can be bought at the primary school canteen, in books of \$100 (14 x \$5 coupons and 30 x \$1 coupon).



## Chartwells Food Policy

MSG is prohibited in all our cooking processes

- Nuts FREE
- Only from audited or qualified sources
- Daily fresh pastry items
- Daily assorted fresh salad
- International cuisines (Chinese & Western food)
- Developing tasty, creative, nutritious recipes that appeal to students
- Quality ingredients
- Daily GREEN (vegetarian) items
- Healthy Cooking Practices (less oil, low salt & sugar)
- Use of natural flavour enhancers
- Healthy snack options



## Chartwells Nutritionist

Chartwells feels it is our responsibility to have a nutritionist to answer parents, pupils and teachers' concerns in a professional manner.

The education sector has specific, exact requirements. Experts agreed that children and adolescents need a varied and a nutritious diet for both physical and intellectual development.

The Department of Health has recorded a rising trend of obesity among primary school pupils. As a responsible caterer, we care for our children's health. We are committed to provide high quality food to meet the nutrient needs of our pupils.

The role of our Nutritionist to schools

- Leading health engagement activities
- Healthy Promotion and Prevention
- Menu Planning with healthy choices
- Provide health talks, health seminars