



MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

MENU MECHANISM

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALITY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

GO & ENJOY (Green light)
OK BUT THINK (Yellow light)
BE CAUTIOUS (Red light)

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

- ALLERGEN DAIRY
- ALLERGEN EGG
- ALLERGEN GLUTEN
- VE VEGETARIAN
- VE VEGAN
- MILD SPICY
- ALLERGEN SHELLFISH

A Healthy and Balanced Diet Every Day!

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Sodexo Hong Kong Website Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

June 1 to 17

PREPARATORY YEARS SNACK MENU



INTERNATIONAL CHILDREN'S DAY

MONDAY 1st

Oatmeal with Milk + Apple
鮮奶麥皮 + 蘋果



MONDAY 8th

Spaghetti with Lentil Bolognese + Apple
扁豆肉醬意面 + 蘋果



MONDAY 15th

Shanghai-Style Stir-Fried Thick Noodles + Watermelon
上海粗炒 + 西瓜



TUESDAY 2nd

Chicken Nuggets + Chocolate Muffin + Mixed Fruit
炸雞塊 + 巧克力松糕 + 雜果



TUESDAY 9th

Stir-fried Rice Roll With Soy Sauce + Orange
鼓油王菜炒腸粉 + 橙



TUESDAY 16th

Steamed BBQ Bun + Watermelon
蒸叉燒包 + 西瓜



WEDNESDAY 3rd

Marking Day (No School for all PYP Students)

WEDNESDAY 10th

Chicken Fricassee with French Bread + Watermelon (Dairy-Free)
法式雞肉炖雜菜法包 + 西瓜



WEDNESDAY 17th

Siu Mai + Cantaloup
燒賣 + 哈密瓜



THURSDAY 4th

Vegetable Mee Goreng + Orange
印尼炒麵 + 橙



THURSDAY 11th

Char Kway Teow with Vegetables + Pear
蔬菜炒貴刁 + 梨



THURSDAY 18th

Summer Break

FRIDAY 5th

BBQ Pork Stir-Fried Rice + Cantaloup (No Eggs)
叉燒炒飯 (无蛋) + 哈密瓜



FRIDAY 12th

Strawberry Jam Sandwich + Cantaloupe
草莓果醬三明治 + 哈密瓜



FRIDAY 19th



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

