



MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

MENU MECHANISM

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALITY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

GO & ENJOY (Green light)
OK BUT THINK (Yellow light)
BE CAUTIOUS (Red light)

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

- ALLERGEN DAIRY
- ALLERGEN EGG
- ALLERGEN GLUTEN
- VE VEGETARIAN
- VG VEGAN
- MILD SPICY
- ALLERGEN SHELLFISH

A Healthy and Balanced Diet Every Day!

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Sodexo Hong Kong Website Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

May 4 to 29 2026

PREPARATORY YEARS SNACK MENU



MONDAY 4th

Strawberry Jam Sandwich + Apple
草莓果醬三文治 + 苹果



MONDAY 11th

Stir-Fried Mixed Vegetables with Udon + Apple
雜菜炒烏冬 + 苹果



MONDAY 18th

BBQ Pork Fried Rice with Mixed Beans + Watermelon
叉燒三色豆炒飯 + 西瓜



MONDAY 25th

The Day following the Birthday of Buddha

TUESDAY 5th

Caesar Chicken Wrap + Watermelon
凱撒雞肉卷 + 西瓜



TUESDAY 12th

Vegetable Macaroni Cheese with French Baguette + Orange
蔬菜芝士通粉配 法式麵包 + 橙



TUESDAY 19th

Stir-fried rice noodle with Mixed Vegetables + Apple
三絲炒麵粉 + 苹果



TUESDAY 26th

Tomato & Cheese Toast + Apple
番茄和奶酪吐司 + 苹果



WEDNESDAY 6th

Mushroom and Chive E-Fu Noodles + Orange
香菇韭菜伊麵 + 橙



WEDNESDAY 13th

Italian Meat Ball with potato cube + Watermelon
意大利肉丸配土豆块 + 西瓜



WEDNESDAY 20th

Chicken & Mixed Beans Soup Macaroni + Orange
鸡肉三色豆汤通粉 + 橙



WEDNESDAY 27th

Stir Fried Chicken with Rice Noodles + Watermelon
鸡肉炒米粉 + 西瓜



THURSDAY 7th

Pork & Vegetable Dumplings + Cantaloupe
菜肉餃子 + 哈密瓜



THURSDAY 14th

Stir-Fried Short Rice Noodles with Vegetables + Pear
蔬菜炒銀針粉 + 梨



THURSDAY 21st

Meat Bun (Pork) + Apple
肉包子 + 苹果



THURSDAY 28th

Pumpkin & Minced Pork Congee + Cantaloupe
南瓜碎肉粥 + 哈密瓜



FRIDAY 8th

Blueberry Muffin + Honey Star + Pear
藍莓鬆餅 + 蜂蜜星星 + 梨



FRIDAY 15th

Steamed Rice Roll with Sweet Sauce + Cantaloupe
蒸腸粉配甜醬 + 哈密瓜



FRIDAY 22nd

Hawaiian Pizza + Pear
夏威夷披薩 + 梨



FRIDAY 29th

Beef Bolognese + Orange
肉醬意粉 + 橙



GO & ENJOY

OK BUT THINK

BE CAUTIOUS



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices

From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

