



MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

sodexo MENU MECHANISM

NUTS FREE
All our meals are Nuts Free

CAGE FREE
All our eggs are Cage Free

MADE IN HONG KONG
Discover Locally Made products

GROWN LOCALLY
Savor Low Carbon footprint produce

50 FUTURE FOOD
Ingredients good for Planet & Health

GO & ENJOY
OK BUT THINK
BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

ALLERGEN DAIRY ALLERGEN EGG ALLERGEN GLUTEN VE VEGETARIAN VEG VEGAN MILD SPICY ALLERGEN SHELLFISH

A Healthy and Balanced Diet Every Day!

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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

August 2026

PREPARATORY YEARS SNACK MENU



TUESDAY 18th

Smoked Turkey Sandwich + Watermelon
煙熏火雞三文治 + 西瓜



WEDNESDAY 19th

Vegetarian Singapore Stir-fried Noodles + Orange
素星洲炒米粉 + 橙



THURSDAY 20th

Meat Bun (Pork) + Cantaloupe
肉包子 + 哈密瓜



FRIDAY 21st

Blueberry Muffin + Banana
蓝莓松饼 + 香蕉



MONDAY 24th

Pork & Vegetable Dumplings + Apple
菜肉饺子 + 苹果



TUESDAY 25th

Spinach and Cheese Quiche + Watermelon
菠菜芝士法式咸派 + 西瓜



WEDNESDAY 26th

Indonesian Vegetable Stir-Fried Noodles + Orange
蔬菜印尼炒面 + 橙



THURSDAY 27th

Hainanese Chicken with Lemongrass Rice) + Cantaloupe

海南鸡配香茅饭+ 哈密瓜



FRIDAY 28th

Pumpkin Congee + Banana
南瓜粥+香蕉



MONDAY 31st

Creamy Corn & Diced Pork on Rice + Apple
粟米肉粒饭 + 苹果



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

