



**MAKE YOUR VOICE HEARD**  
Every voice matters

**GIVE YOUR FEEDBACK TO US**



SCAN THIS QR CODE | SPEAK TO A STAFF MEMBER

**sodexo MENU MECHANISM**

**NUTS FREE**  
All our meals are Nuts Free

**CAGE FREE**  
All our eggs are Cage Free

**MADE IN HONG KONG**  
Discover Locally Made products

**GROWN LOCALLY**  
Savor Low Carbon footprint produce

**50 FUTURE FOOD**  
Ingredients good for Planet & Health

**GO & ENJOY**  
**OK BUT THINK**  
**BE CAUTIOUS**

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

**ALLERGEN ALERT & FOOD ICONS**

ALLERGEN DAIRY | ALLERGEN EGG | ALLERGEN GLUTEN | VE VEGETARIAN | VEG VEGAN | MILD SPICY | ALLERGEN SHELLFISH

**A Healthy and Balanced Diet Every Day!**

**Sign up for our e-Newsletter**

**Scan QR code to follow & visit us**



Sodexo Hong Kong Website | Sodexo Instagram

**DISCLAIMER:**

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

2 to 27 Nov 2026

# PREPARATORY YEARS SNACK MENU

sodexo

MONDAY 2<sup>nd</sup>

BBQ Chicken Sandwich  
+ Apple  
烧烤酱鸡肉三明治 + 苹果



MONDAY 9<sup>th</sup>

Tuna Mayo Sandwich  
+ Apple  
金枪鱼蛋黄酱三明治 + 苹果



MONDAY 16<sup>th</sup>

Mexican Beef Burrito +  
Apple  
墨西哥牛肉卷 + 苹果



MONDAY 23<sup>rd</sup>

Oatmeal with Soy  
Milk + Apple  
豆奶燕麦片 + 苹果



TUESDAY 3<sup>rd</sup>

Taiwanese Minced Pork  
& Mushroom with Rice  
+ Orange  
台式肉燥饭 + 橙



TUESDAY 10<sup>th</sup>

Strawberry Jam  
Sandwich + Orange  
草莓果酱三明治 + 橙



TUESDAY 17<sup>th</sup>

Steamed BBQ Pork Bun +  
Orange  
蒸叉烧包 + 橙



TUESDAY 24<sup>th</sup>

Vegetables Dumpling +  
Orange  
素饺子 + 橙



WEDNESDAY 4<sup>th</sup>

Tomato & Cheese Toast  
+ Cherry Tomatoes  
番茄芝士吐司 + 樱桃番茄



WEDNESDAY 11<sup>th</sup>

Meat Bun (Pork) +  
Cherry Tomatoes  
鲜肉包 + 樱桃番茄



WEDNESDAY 18<sup>th</sup>

Chicken & Mixed  
Vegetables Soup with  
Macaroni + Cherry  
Tomatoes  
鸡肉蔬菜汤通心粉  
+ 樱桃番茄



WEDNESDAY 25<sup>th</sup>

Parent-Teacher  
Conference

THURSDAY 5<sup>th</sup>

Peking Duck Wrap + Apple  
北京烤鸭卷 + 苹果



THURSDAY 12<sup>th</sup>

French Toast with Sodexo  
Honey + Apple  
法兰西吐司 + 苹果



THURSDAY 19<sup>th</sup>

Steamed Rice Roll  
with Sweet Sauce + Apple  
蒸肠粉配甜酱 + 苹果



THURSDAY 26<sup>th</sup>

BBQ Pork Fried Rice  
+ Apple  
叉烧炒饭 + 苹果



FRIDAY 6<sup>th</sup>

Chocolate Cake + Honey  
Stars + Cantaloup  
巧克力松饼 + 蜂蜜星星  
+ 哈密瓜



FRIDAY 13<sup>th</sup>

Croissant + Cantaloup  
牛角包 + 哈密瓜



FRIDAY 20<sup>th</sup>

PY Olympics

FRIDAY 27<sup>th</sup>

Siu Mai + Cantaloup  
烧卖 + 哈密瓜



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu,  
helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce,  
sustainability is incorporated throughout our menus



30 Nov 2026

# PREPARATORY YEARS SNACK MENU

sodexo

MONDAY 30<sup>th</sup>

Pumpkin & Minced Pork  
Congee + Apple  
南瓜肉碎粥 + 苹果



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