



MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**

sodexo **MENU MECHANISM**



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



ALLERGEN GLUTEN



VEGETARIAN



VEGAN



MILD SPICY



ALLERGEN SHELLFISH

A Healthy and Balanced Diet Every Day!

sodexo at SCHOOL



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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Aug 18th to 21st

LUNCH MENU FOR PRIMARY



		TUESDAY 18 th	WEDNESDAY 19 th	THURSDAY 20 th	FRIDAY 21 st
Asian Main		Grilled Pork Fillet in Teriyaki Sauce with Seaweed Rice 照烧猪柳配海苔饭 	Salt and Pepper Pork Chops with Rice 椒盐猪扒配饭 	Three Cups Chicken with Rice 三杯鸡饭 	Steamed Pumpkin with Pork Loin on Rice 南瓜蒸猪柳配饭 
Western Main		Garlic Chicken with Roasted Potatoes 蒜蓉鸡扒配烤土豆 	Tuna Pasta with White Sauce 白汁吞拿鱼意面 	Roasted Pork Loin with Mashed Potatoes 烤猪柳配土豆泥 	Roasted Duck Breast with Orange Sauce and Roasted Potatoes 橙汁烤鸭胸配烤土豆 
Daily Special Menu		Steamed Herb Fish Fillet with Cream Sauce on Rice 白汁香草鱼柳配饭 	Roasted Chicken with Onion Sauce and Baked Potatoes 洋葱汁烤鸡配烤土豆 	Baked Fish Fillet with Tomato Sauce on Rice 番茄汁烤鱼柳配白饭 	Fish and Chips with Tartar Sauce 炸鱼薯条配塔塔酱 
Vegetarian		Singapore-Style Stir-Fried Rice Noodles 星洲炒米粉 	Mushroom and Chive E-Fu Noodles 香菇韭黄伊府面 	Fukien Fried Rice with Corn, and Mixed Beans 福建炒饭配玉米和雜豆 	Shanghai Thick Noodles 上海粗炒 
Dessert/ Fruit		Sponge Cake 海绵蛋糕 	Cantaloupe 哈密瓜	Jelly Candy 啫喱糖 	Watermelon 西瓜



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From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Aug 24th to 28th

LUNCH MENU FOR PRIMARY



MONDAY 24th

Eggplant & Minced Pork on Rice
茄子肉碎配飯



Japanese Curry Chicken with Rice
日式咖喱雞配飯



Pasta with Bacon, Cherry Tomatoes, and Spinach
煙肉菠菜車厘茄意面



Stir-Fried Mixed Vegetables with Udon
雜菜炒烏冬



Apple
蘋果

TUESDAY 25th

Teriyaki Chicken Fillet on Rice
照燒雞柳飯



German Sausage with Mashed Potatoes
德國香腸配土豆泥



Fried Rice with Minced Beef
生炒牛肉飯



Vegetable Macaroni Cheese with French Baguette
雜菜芝士通粉配法式麵包



Cream Puff
奶油泡芙



WEDNESDAY 26th

Braised Beef Brisket with Radish on Rice
萝卜焖牛腩飯



Baked Fish with Corn Tomato Salsa & Potatoes
粟米蕃茄沙沙烤魚配土豆



Malaysian-Style Curry Chicken with Rice
马来咖喱鸡配飯



Indonesian Stir-Fried Noodles with Vegetables
雜菜印尼炒麵



Orange
橙

THURSDAY 27th

Sweet and Sour Fish Fillet on Rice
咕嚕魚块飯



Pan-Fried Pork Loin with Pasta
煎猪柳配意面



Hainanese Chicken with Lemongrass Rice
海南鸡配香茅飯



Stir-Fried Short Rice Noodles with Vegetables
雜菜炒銀針粉



Chocolate Brownie
巧克力布朗尼



FRIDAY 28th

BBQ Pork and Scrambled Eggs with Rice
叉燒炒蛋配白飯



Fish Piccata with Pasta
意式香煎魚柳配意大利面



Classic Hot Dog with Roasted Potatoes
经典热狗配烤土豆



Char Kway Teow (Stir-Fried Rice Noodles)
炒貴刁



Cantaloupe
哈密瓜



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Aug 31st

LUNCH MENU FOR PRIMARY



MONDAY 31st

Asian Main

Creamy Corn & Diced Pork on Rice
粟米肉粒飯



Western Main

Roasted Chicken & Potatoes with Onion Sauce
洋葱汁烤鸡配土豆



Daily Special Menu

Beef Rendang with Basmati Rice
巴東牛肉配印度香飯



Vegetarian

Pasta with Wild Vegetarian Mushroom & Tomato Sauce
野菌蕃茄意大利麵



Dessert/ Fruit

Watermelon
西瓜



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